

Microsite Overview: www.chicagoliveshealthy.com

Splash Page

"I'M MAKING MYSELF A PRIORITY, STARTING WITH MY HEALTH."

CHICAGO

lives **healthy**

Labor and Management working to achieve long-lasting health

Chicago Lives Healthy - a comprehensive new wellness program for eligible employees and spouses/domestic partners covered by the employee's health plan. The program offers a powerful but flexible approach to wellness aimed at helping eligible employees and their spouses/domestic partners achieve improvements in their health and well-being and live healthier lives. A successful wellness program with active participation from eligible employees, covered spouses/domestic partners is a way we can all work together to improve our health while maintaining high value health care benefits at a reasonable cost to employees.

GET STARTED

LEARN MORE | 4 EASY STEPS TO ENROLL

Questions? Contact Healthways at 1-866-556-7671

HEALTHWAYS You can make your best health and well-being when given the proper support. Healthways meets you where you are and takes you where you want to go, creating better health and well-being for a better you.

Active Program State Detail Page

To get started follow these easy steps:

BY PARTICIPATING, YOU WILL AVOID A \$50 PER NON-PARTICIPANT INCREASE IN YOUR MONTHLY EMPLOYEE HEALTH CARE CONTRIBUTION.

- 1 Sign Up Online and "Say Yes"
This step is now closed
7.23.12 - 8.31.12
- 2 **Schedule and Complete a Biometric Screening**
HAPPENING NOW
7.23.12 - 10.19.12
- 3 Complete the Well-Being Assessment
This step is not available
10.3.12 - 11.16.12
- 4 Health Check-In Call
This step is not available
10.17.12 - 11.16.12
- 5 Ongoing Wellness Engagement
This step is not available
Every month starting 11.1.12

Step 2 SCHEDULE and COMPLETE A BIOMETRIC SCREENING

YOU CANNOT SCHEDULE AND COMPLETE A BIOMETRIC SCREENING UNLESS YOU PREVIOUSLY COMPLETED THE CONSENT FORM AND AGREED TO PARTICIPATE IN THE WELLNESS PROGRAM.

SCHEDULE BIOMETRIC SCREENING

On-Site Biometric Screenings

You can schedule or reschedule your free and convenient on-site screening now at one of over 60 workplace and community locations. On-site screenings are available between September 10, 2012 and October 19, 2012. Weekend and evening screening appointments are available at select community libraries. [Click here](#) for a list of available on-site locations.

City of Chicago employees in Aviation, BACP, Fire, ZFM, OEMC, Police, CDPH, Streets & Sanitation, CDDT, or Water Management who wish to be screened on work time should speak with their department to schedule a City time screening. Online pre-registration through this website for City time screenings is now closed. **Please note:** these departments are in the process of offering City time screenings to employees by paper form as well. Please ask your department if you would like to be screened on City time but have not yet been contacted.

All other City of Chicago employees, as well as employees at Chicago Public Schools, City Colleges of Chicago, Chicago Park District or Chicago Housing Authority who wish to be screened on work time should schedule their appointment using the biometric screening scheduler. Screenings done on work time must be scheduled at the discretion of your supervisor to prevent work place disruption, so, please discuss your screening choice with your supervisor.

Employees and spouses who prefer to be screened after work hours or on the weekend can select any on-site location labeled "open to all" on the screening scheduler and choose the date and time that is most convenient for you.

Walgreens Biometric Screenings

Starting September 10th, 2012 you can go to one of over 50 Chicago-based Walgreens to have your free biometric screening completed. Each individual getting screened at a Walgreens location must bring a photo ID, their health insurance card, and a Walgreens Health Test voucher. **You may not complete your Walgreens biometric screening on work time.** [Click here](#) for important instructions on completing your screening at Walgreens. [Click here](#) to print your Walgreens Health Test voucher and take it with you to your screening appointment.

Physician's office Biometric Screenings*

You can go to your physician's office to have your biometric screening completed. If you choose to have your screening completed at your physician's office, there is a standard form that your doctor will need to complete. [Click here](#) to print the form to take with you to your physician's office. **You may not complete your physician's office biometric screening on work time.**

*Biometric Screenings done at your physician's office will be subject to your current medical plan benefits.

Any physician's office results from 2012 will be accepted.

All biometric screenings must be completed between September 10, 2012 and October 19, 2012. Any biometric screening results must be submitted by October 19, 2012.

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Future Program State Page

To get started follow these easy steps:

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- 5 Ongoing Wellness Engagement
This step is not available
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Step 3 COMPLETE THE WELL-BEING ASSESSMENT™ (WBA)

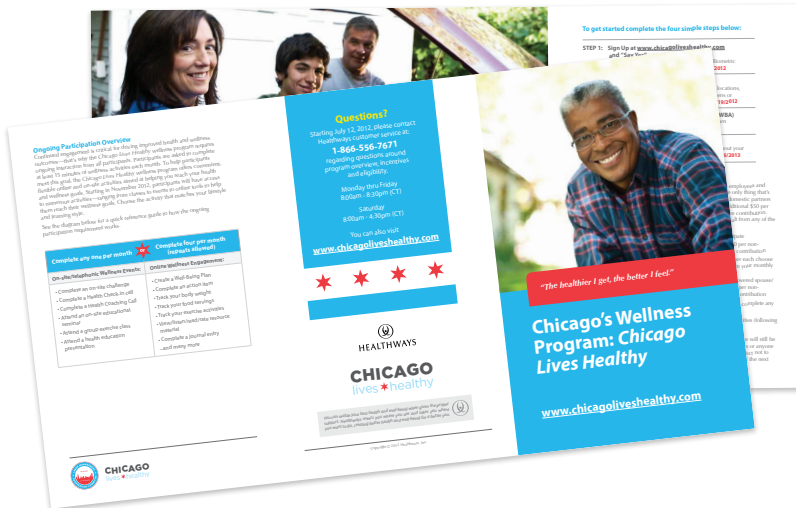
Well-Being Assessments must be completed between October 3, 2012 and November 16, 2012

IMPORTANT LINKS

- Sample WBA
- WBA FAQ PDF
- Registration Guide
- Well-Being Report Guide
- Request a Paper Form

Print-Ready Materials: City of Chicago

Brochures



Postcards



Program Overview



Posters



Mayoral Event Overview: City of Chicago



Watch the kick-off conference for the City of Chicago Program here: <http://vimeo.com/46629498>

